



Verification of hours of work and hours of rest according to the Maritime Labour Act
(Seearbeitsgesetz)
(Revision 01.09.2014)

Dienststelle
Schiffssicherheit
BG Verkehr

I. Division of the minimum hours of rest ¹

Minimum hours of rest may not be divided into more than two periods, one of which shall be at least six hours and the other shall be at least one hour in length. The interval between consecutive periods of rest shall not exceed 14 hours.

Remark: Every period of rest, that exceeds 10 hours, may be divided into more periods. It is only important that the minimum hours of rest are not divided into more than two periods. (i.e. 7 + 3 + 2)

10 hours			
6 hours	4 hours	~	OK
9 hours	1 hour	~	OK
8 hours	1 hour	3 hours	OK
6 hours	3 hours	1 hour	Error, more than 2 periods
7 hours	2 hours	2 hours	Error, more than 2 periods
5 hours	5 hours	~	Error, no six hours rest period
9,5 hours	0,5 hour	~	Error, 2nd period shorter than one hour

Remark: Short breaks are excluded from the term *hours of rest*.

II. Verification of the records of hours of work and hours of rest

The verification of the records of hours of work and hours of rest of the crew members is mandatory in the course of verifications of the maritime labour conditions. For the verification of hours of work and hours of rest relating to the 24-hour period, the following principles apply:

1. It is to verify whether the crew members are rested when they perform their work.
2. The hours of work and hours of rest are therefore generally considered from a working time period.
3. The verification is carried out starting from the beginning or end of a working hour retroactively for a period of 24 hours.

For the verification of the 7-day period each calendar day from 00:00 until 24:00 applies.

Examples (Working times marked with X)

A. 24-hour period: day 2/16:00 until day 1/16:00

day/ time	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1					X	X	X	X		X	X						X	X	X	X				
2					X	X	X	X		X	X						X	X	X	X				

Result: working time (10 hours) OK / hours of rest (14 hours) OK / periods of rest (5 Std, 1 Std, 8 Std) OK

B. 24-hour period: day 2/20:00 until day 1/20:00

day/ time	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1									X	X	X	X		X	X	X	X						X	X
2	X	X	X	X					X	X	X	X		X	X	X	X	X	X	X				

Result: working time (17 hours) error / hours of rest (7 hours) error
periods of rest (1 hour, 4 hours, 2 hours) error (no 6-hour period and more than 2 periods)

¹ § 45 subpara 3 Maritime Labour Act (SeeArbG)



Verification of hours of work and hours of rest according to the Maritime Labour Act
(Seearbeitsgesetz)
(Revision 01.09.2014)

Dienststelle
Schiffssicherheit
BG Verkehr

C. 24-hour period: day 1/24:00 until day 1/00:00

day/ time	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1	X	X	X	X	X	X	X						X	X	X	X					X	X	X	X
2	X	X	X	X									X	X	X	X								

Result: working time (15 hours) **error** / hours of rest (9 hours) **error**
 periods of rest (4 hours, 5 hours) **error (no 6-hour period; 2nd period not sufficient to fulfil minimum 10 hours)**

D. 7-day period: day 1/00:00 until day 7/24:00

day/ time	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
1									X	X	X	X		X	X	X	X						X	X
2	X	X							X	X	X	X		X	X	X	X	X						
3									X	X	X	X		X	X	X	X							
4									X	X	X	X		X	X	X	X	X						
5									X	X	X	X		X	X	X	X							
6	X	X							X	X	X	X		X	X	X	X						X	X
7									X	X	X	X		X	X	X	X							

Result: working time (66 hours) OK / hours of rest (102 hours) OK